



Our Lady of Mercy Parish

7455 Tenth Avenue, Burnaby, BC V3N 2S1

Parish Website: <http://olmp.org> Archdiocese Website: <http://rcav.org>

Email: parish.olm@rcav.org Phone: (604) 522-5733 Fax: (604) 517-1618

Pastor: Father Hien Nguyen
Deacon: Kenneth Fung

PARISH OFFICE HOURS:

Monday - Friday:

08:30 am - 3:30 pm
(12 - 1 pm lunch break)

Our Lady of Mercy School

School Office: (604) 526-7121
Principal: Neva Grout
Email: office@ourladyofmercy.ca
website: www.ourladyofmercy.ca

Parish Religious Education Program (PREP) Classes for Children in Public School

PREP classes are scheduled every
Wednesday at 6:30 pm
For inquiries:
email Marivic at olmprep@gmail.com

Rite of Christian Initiation for Adults (RCIA)

Do you have questions about
the Catholic faith?
Are you interested in developing a deeper
relationship with Jesus Christ?
The Rite of Christian Initiation of Adults
(RCIA) is an incredible journey of
learning, personal fulfillment and
spiritual growth. Sessions are scheduled
every Thursday, from 7:00 - 9:00 pm
For inquiries:
call/text Valder at 604-861-9774

January 28, 2024
Fourth Sunday in Ordinary Time

Sunday Mass Schedule

with Rosary Prayer and Novena to Holy Spirit start 30 minutes prior to Sunday Masses

Saturday Mass of Anticipation: 5:00 PM

Sunday: 9:00 AM and 11:00 AM

Weekday Mass Schedule

Monday - Friday: 8:00 AM

First Friday of the month: 8:00 AM and 7:00 PM

Saturday and Public Holidays: 9:00 AM

Confession: 30 minutes prior to Masses or upon request.

Exposition of the Blessed Sacrament every first Friday of the month:

8:45 AM to 6:15 PM with Divine Mercy Novena/Chaplet at 3:00 PM,
Benediction at 6:30 PM and Mass at 7 PM.

Daily Rosary and Novena Prayer Schedules (after morning Mass)

- * Monday : Saint Joseph Novena
- * Tuesday : Saint Anthony of Padua Perpetual Novena
- * Wednesday : Our Lady of Perpetual Help Novena (+ 6 PM)
- * Thursday : Perpetual Novena to Saint Therese of Lisieux
- * Friday : Devotion to the Holy Face of Jesus (6 PM)
- * Saturday : Our Lady of Mercy Novena

Perpetual Adoration Chapel & Devotional Garden

Open every day. For more information, please call the parish office.

The Sacrament of Marriage

At least **six months** notice must be given to the Pastor

The Sacrament of Baptism Parish families who wish to have a child
baptized should be registered in the parish. Please visit the Parish Office
to register. Attendance of preparation class prior to the baptism is
mandatory for parents and godparents. Class is held every last Thursday
of the month at 7 PM. Children Baptisms are scheduled on second
Sunday of every month after 11 AM Mass.

Email Fraud Warning

Our Lady of Mercy Parish has received multiple reports from parishioners and priests who have fallen victim to recent Phone SMS/text messages and Internet email phishing scam. Imposters, posing as priests and using cell phone numbers and/or email addresses that are similar to those of our priests, have been texting and emailing people asking for personal donations, gift cards, and other forms of financial assistance.

Never respond to texts and/or emails requesting Google Play cards, iTunes cards, or any other form of personal financial assistance, even if it appears to be from a priest, deacon, religious, parish staff or bishop. If you have any doubt, please contact the sender by other means to verify any requests.

For Parish Ministries and Organisations inquiries, please contact the parish office.

WEEKLY MASS SCHEDULE & INTENTIONS

SATURDAY, JANUARY 27, 2024
 5:00 pm Bolu Aliu - *Birthday Thanksgiving*

SUNDAY, JANUARY 28, 2024
 9:00 am **OLM Parishioners**
 11:00 am Sandy Smail - *Birthday Thanksgiving*

MONDAY, JANUARY 29, 2024
 8:00 am Fredeswinda Malvar - *Thanksgiving*

TUESDAY, JANUARY 30, 2024
 8:00 am † Vendetta Rivero - *RIP*

WEDNESDAY, JANUARY 31, 2024
 8:00 am Breanne Vine - *Special Intention*

THURSDAY, FEBRUARY 1, 2024
 8:00 am † Romeo Malvar - *RIP*

FRIDAY, FEBRUARY 2, 2024
 8:00 am † Maria Ana Espariol - *RIP*
 7:00 pm † Gerardo Cabangunay - *RIP*

SATURDAY, FEBRUARY 3, 2024
 9:00 am Kaia Nuelle Pimentel - *Birthday Thanksgiving*

PRAYERS FOR THE SICK

In your prayers, please remember the sick:

Rosa Maria Santos, Sydney Shanti, Philip Rekawek, Nilcar Donato, Tomas Oca, Ngu Thi Phan, Quan, Mary and Mollen Tran, Ernesto Oloresissimo, Victoria Obleada, Laurette Lemieux, Georgette Leduc, Mila Balanay, Pamela Gardner, Lily Katherine Cregan, Virgilio Pino Jr, Alberto and Emilia Pagaduan, Patricia Vargas Casas, Christina, Van Nguyen, Gail Larson, Remedios Roa, Lorenzo Sia, Celestino Regacho, Purita Fabian, Editha de Leon, Anna Jung Wojciechowska, Barbara Obreska, Maria Marks, Sharon Vine.



Holy Communion:

Any one who is shut-in and wishes to receive the Holy Eucharist, please let us know. If you have a loved one who is sick and needs our prayers, and would like to put their name in the bulletin, kindly contact the office.

STEWARDSHIP REFLECTION

“Brothers and sisters: I should like you to be free of anxieties.” - 1 Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word “pray” instead of the word “worry” in the future. Then spend your time praying instead of worrying.

Pro-Life Apologetics

Pro-abortion claim: Abortion empowers women.

Pro-Life response: To empower someone means to help them become stronger and more confident to achieve something, usually a goal connected to the person flourishing and becoming all that they were meant to become. Inscribed into a woman's being is her ability to nurture new human life, to become a mother. For example, her womb is the most perfectly designed environment for a baby's growth and development. Again, a woman's breasts are designed to provide the perfect nourishment for the newly born baby. In fact, everything about the woman's design is a testimony to how she was created to bring new life into the world, to nurture it, and help that life become all that it was meant to become. To truly empower women would mean, therefore, to help them become stronger and more confident to see their fertility and the children that come to them as priceless gifts that are worth sacrificing everything for. Abortion robs women of their children. It strangles their motherhood. It desecrates their design. Killing children empowers no one.

Source: Campaign Life Coalition



PRO-LIFE MASS AND PRAYER VIGIL

Join us for a monthly Mass and vigil to pray for respect for all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, it takes place on the first Saturday of each month at 9:00 am (8:30 am in April). It begins with Mass, followed by the rosary and other prayers either at a church with Adoration or at a local hospital. All are welcome! The next Mass and Vigil takes place on **Saturday, February 3 at Blessed Sacrament Parish in Vancouver at 9:00 am**. Learn more at beholdvancouver.org/events.



VOCATION LIVE-IN

There will be a Vocation Live-In on the weekend of **February 10-11, 2024** at the Seminary of Christ the King in Mission, BC. Anyone wishing to enter the Seminary in the next couple of years is welcome. For more information phone 604-826-8975 or email rector.minors@sck.ca



PETITION TO SUPPORT BILL S-210

Our Canadian bishops request that the Catholic community support Bill S-210 in its final stages of becoming a law. **Bill S-210** also known as **Protecting Young Persons from Exposure to Pornography Act** will safeguard children from the harmful effects of violent and degrading pornography by requiring anyone making sexually explicit material available on the internet for commercial purposes ensure that it is not access by young persons by using an online age verification technology to ascertain the age of users. The Catholic Women's League ladies will be collecting signatures for the petition after all Masses on the **weekend of Feb 3-4**

PROJECT ADVANCE 2023 FINAL RESULTS

Thank you to the **260** families who have made a gift to Project Advance last year. Our parish has raised **\$ 88,577.65** with **28.1%** of our families participating. Total rebate amount of \$44,377.73 will be received as the final results of 2023 Project Advance.

2023 TAX RECEIPT

Tax receipts for the year of 2023 - including Project Advance (issued separately by the Archdiocese) - are ready for pick up during office hours or after weekend Masses at the back of the church. If you have any concern, please contact the parish office. Thank you for your ongoing support and generosity!

MERCY FROM AGE TO AGE: FROM LONELINESS TOWARD A CULTURE OF ENCOUNTER

You've probably heard of John Paul II's theology of the body. But have you heard of Pope Francis' theology of aging?

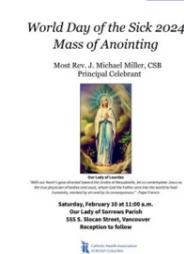
Pope Francis is convinced that the alliance between generations will save the human family. Come discuss and explore your role in promoting and living out this intergenerational solidarity. This workshop with Amanda Achtman and Nicole Scheidl will focus on the pope's catechesis that seeks inspiration in the Word of God on the meaning and value of old age.

On **Tuesday, January 30, 7:00 p.m. at the John Paul II Pastoral Centre in Vancouver**. Cost is \$5. Learn more and register via beholdvancouver.org/events

All for God and for God's glory. In whatever you do, think of the glory of God as your main goal.
- Saint John Bosco

CHINESE NEW YEAR THANKSGIVING MASS

In celebration of the Chinese New Year, there will be a Thanksgiving Mass **at Our Lady of Mercy Parish on Saturday, February 10** (the first day of the Chinese New Year) **at 11:00 am**. The Mass is organized by the Chinese Ministry of the Archdiocese of Vancouver and will be celebrated by Fr. Paul Chu. It will be in Chinese and Mandarin. All are welcome.

WORLD DAY OF THE SICK MASS

As the church marks the World Day of the Sick on February 11, the Catholic Health Association of BC encourages everyone to pray for those who suffer from illness and for their caregivers.

The theme of this year's observance is "It is not good that man should be alone—Healing the Sick by Healing Relationships." The best therapy for those who are ill, Pope Francis adds, is to offer them our love and communion, despite the pace of our own frenetic lives. Archbishop Miller, CSB, will celebrate Mass for World Day of the Sick on **Saturday, February 10, at 11:00 a.m. at Our Lady of Sorrows Parish** (555 Slocan St. Vancouver). Reception to follow. All are welcome! Pray with us on this day. To learn more, visit chabc.rcav.org/wds2024.

TOGETHER FOR GOOD MARRIAGE WORKSHOP

One day could change your marriage! Thousands of couples across Canada have dedicated one day to building a marriage that stays together for good.



In partnership with FamilyLife Canada, we are offering the Together for Good Marriage Workshop that will give you tools, exercises and guided conversations to help you and your partner grow a healthier, more joy-filled and resilient marriage.

Each session will help you move past differences and drift to a place of greater closeness and trust. You'll strengthen your relationship in the important areas of communication, conflict, sex and spirituality. Discover how incredibly good marriage can be — for you, your family and your community.

On **Saturday, March 2, from 9:30 am to 4:00 p.m. at Corpus Christi Parish in Vancouver**. Cost is \$60 per couple. Enjoy an early bird rate of \$50 per couple when you register by Friday, February 2. Learn more and register via beholdvancouver.org/events.

SPIRITUAL CARE TRAINING PROGRAM

Pope Francis has challenged everyone to think about their brothers and sisters in a new way as many are experiencing profound loneliness and isolation. The Archdiocese of Vancouver is offering the Spiritual Care Training Program as one way to answer this call.

The eight-week course teaches how to make yourself more available to seniors and others who can benefit from your genuine concern and presence in their lives. Some topics covered include aging, communication, boundaries and self-care. The training is offered online via Zoom every Thursday, from February 1 to March 21, from 1:30 p.m. to 4:00 p.m. Cost is \$30. Learn more and register at beholdvancouver.org/events.

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